

# BREAKING BOUNDARIES: THE EVOLUTION OF WOMEN'S EMPOWERMENT IN INDIAN CINEMA

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#### **Abstract**

This paper explores the dynamic relationship between Indian cinema and women empowerment, delving into the evolution of portrayals of women in the industry over the years. With a focus on Bollywood, the study investigates the extent to which Indian cinema reflects and shapes societal perceptions of gender roles and women's empowerment. Through a combination of qualitative analysis and quantitative data gathered from questionnaires, the paper examines audience perceptions, reactions, and preferences regarding the representation of women in Indian films. It also evaluates the impact of women-centric films on fostering empowerment and social change. Furthermore, the research explores initiatives within the Bollywood industry aimed at promoting gender equality and women's empowerment. By synthesizing these findings, the paper provides valuable insights into the role of Indian cinema in breaking societal boundaries and advancing women's empowerment narratives, thereby contributing to the ongoing discourse on gender representation in media and the promotion of gender equality in society.

**Keywords:** Hindi Cinema, Women Empowerment, Bollywood, Gender Representation, Gender Equality, Societal Perceptions, Gender Norms

#### Introduction

Indian cinema, particularly Bollywood, holds a significant position not only within the realm of entertainment but also as a reflection of societal norms and values. Over the decades, it has played a crucial role in shaping the cultural landscape of India, influencing public perceptions, and initiating conversations on various social issues. One such issue that has garnered increasing attention in recent years is the empowerment of women. As Indian society evolves and embraces more progressive ideologies, the portrayal of women in cinema has become a focal point of discussion and analysis.

The representation of women in Indian films has undergone a transformation, albeit gradual, from stereotypical roles to more nuanced and empowered characters. Historically, women in Indian cinema were often relegated to supporting roles, embodying conventional stereotypes of the virtuous wife or the sacrificial mother. However, with changing societal dynamics and increasing awareness of gender equality, there has been a noticeable shift in the portrayal of women on screen. Female protagonists are now depicted as strong, independent individuals capable of challenging traditional norms and breaking societal barriers.

This paper seeks to explore the evolution of women's empowerment in Indian cinema, with a specific focus on Bollywood. By examining the portrayal of women in films spanning different eras, we aim to trace the trajectory of this evolution and identify key factors driving change. Moreover, we endeavor to understand the impact of women-centric films on audience perceptions and attitudes towards gender roles and empowerment.

Through a combination of qualitative analysis and quantitative data gathered from surveys, we aim to delve deeper into audience perspectives on the portrayal of women in Indian cinema. By analyzing responses from diverse demographic groups, we hope to gain insights into the varying perceptions and interpretations of women's representation on screen. Additionally, we aim to explore the influence of Indian cinema on shaping societal norms and values, particularly concerning gender equality and women's empowerment.

This paper also aims to shed light on the initiatives undertaken within the Bollywood industry to promote gender equality and empower women both in front of and behind the camera. By examining the effectiveness of these initiatives and identifying areas for improvement, we seek to contribute to the ongoing discourse on gender representation in media and advocate for more inclusive and empowering narratives in Indian cinema.

Therefore, this study endeavors to provide a comprehensive analysis of the dynamic relationship between Indian cinema and women's empowerment, offering valuable insights into the role of Bollywood in shaping societal perceptions and narratives surrounding gender equality and women's rights. Through our research, we aspire to contribute to the promotion of more progressive and empowering representations of women in Indian cinema, ultimately fostering a more inclusive and equitable society.

#### **Women Empowerment Initiatives in Indian Cinema**

In recent years, there has been a growing recognition within the Indian film industry of the need to actively promote gender equality and empower women both on and off-screen. Various initiatives and movements have emerged to challenge traditional gender norms, advocate for women's rights, and provide platforms for female voices to be heard (Sengupta, 2019). One such initiative is the "Indian Women in Cinema Collective" (IWCC), formed in 2017 by a group of women filmmakers and professionals to address issues of gender discrimination and harassment in the industry (Menon, 2020). Through its advocacy and support programs, IWCC has played a pivotal role in fostering a more inclusive and equitable environment for women in Indian cinema.

Filmmakers have also actively sought to address gender disparities and empower women through their creative endeavors. Films like "Lipstick Under My Burkha" (2017), directed by Alankrita Shrivastava, have sparked conversations on female sexuality and agency, challenging societal taboos and patriarchal norms (Sen, 2018). Similarly, "Thappad" (2020), directed by Anubhav Sinha, explores themes of domestic violence and women's empowerment, prompting audiences to confront issues of gender-based

violence and inequality (Srivastava, 2021). These films serve as powerful vehicles for social change, advocating for women's rights and amplifying marginalized voices.

Several production houses and industry organizations have launched initiatives to support and promote women filmmakers and artists. The "Dharma Productions Talent Mentorship Program," initiated by filmmaker Karan Johar's production house, aims to provide mentorship and guidance to aspiring female filmmakers, enabling them to navigate the challenges of the industry and realize their creative visions (Gokulsing & Dissanayake, 2020). Similarly, the "Film Writers Association Women's Wing" organizes workshops and networking events to empower female screenwriters and foster gender diversity in storytelling (Gupta, 2019).

Furthermore, the government has also taken steps to promote gender equality and empower women in the film industry. Initiatives such as the "National Film Development Corporation's (NFDC) Women's Screenwriters' Lab" provide funding and support to female screenwriters to develop and produce their scripts (Shrivastava, 2020). Similarly, government-sponsored film festivals and awards ceremonies often feature special categories dedicated to women filmmakers and artists, recognizing their contributions to Indian cinema and encouraging greater representation and diversity.

While these initiatives mark significant strides towards gender equality in Indian cinema, challenges persist in achieving meaningful and sustainable change. Women continue to be underrepresented in key creative roles such as directing, producing, and cinematography, with opportunities for career advancement limited by systemic biases and discrimination (Bose, 2021). Moreover, issues of sexual harassment and exploitation remain prevalent in the industry, highlighting the need for robust policies and mechanisms to ensure the safety and well-being of women working in Indian cinema (Sharma, 2020).

#### Literature Review

#### 2.1 Historical Overview of Women in Indian Cinema

The journey of women in Indian cinema spans a diverse landscape of characters and narratives, reflecting the intricate tapestry of Indian society. In the early years of Indian cinema, women were often portrayed in conventional roles that mirrored societal expectations. For instance, the silent film "Raja Harishchandra" (1913), directed by Dadasaheb Phalke, featured female characters confined to archetypal roles such as devoted wives or helpless victims, epitomizing the prevailing patriarchal norms of the time (Bhaskaran, 2003).

As Indian cinema transitioned to the talkies era, the portrayal of women underwent subtle yet significant transformations. Films like "Achhut Kanya" (1936), directed by Franz Osten, challenged social taboos by depicting the romance between an untouchable girl and an upper-caste man, highlighting issues of caste discrimination and women's agency (Gopalakrishnan, 2018). Similarly, "Awaara" (1951), directed by Raj Kapoor, showcased the character of Leela, played by Nargis, as a symbol of moral

integrity and resilience in the face of adversity, transcending traditional stereotypes of the virtuous heroine (Gopalan, 2002).

The post-independence period witnessed a surge of socially conscious cinema that sought to address pressing issues of nation-building and societal reform. Films like "Guide" (1965), directed by Vijay Anand, portrayed complex female characters like Rosie, played by Waheeda Rehman, who defy societal norms and assert their independence (Rajadhyaksha & Willemen, 2014). Similarly, "Aradhana" (1969), directed by Shakti Samanta, presented the character of Vandana, played by Sharmila Tagore, as a single mother who challenges traditional notions of motherhood and womanhood (Dharwadker, 2011).

The parallel cinema movement of the 1970s and 1980s provided a platform for filmmakers to explore more nuanced and realistic portrayals of women. Films like "Bhumika" (1977), directed by Shyam Benegal, offered a candid exploration of the life of an actress, played by Smita Patil, navigating the complexities of fame, relationships, and identity (Rajadhyaksha & Willemen, 2014). Similarly, "Mirch Masala" (1987), directed by Ketan Mehta, depicted the courage and resilience of women in a rural setting, resisting oppression and asserting their agency (Rajadhyaksha & Willemen, 2014).

In recent years, there has been a noticeable shift towards more progressive and empowering representations of women in Indian cinema. Films like "Kahaani" (2012), directed by Sujoy Ghosh, and "Pink" (2016), directed by Aniruddha Roy Chowdhury, have garnered critical acclaim for their portrayal of strong and assertive female protagonists challenging societal norms and stereotypes (Sinha, 2018). These films underscore the evolving role of women in Indian cinema as agents of change and empowerment in a rapidly changing society.

#### 2.2 Representation of Women in Bollywood

Bollywood, the dominant force in Indian cinema, has played a pivotal role in shaping societal perceptions of women through its diverse array of films. Historically, Bollywood has been criticized for perpetuating stereotypical portrayals of women, relegating them to secondary roles defined by their relationships with male protagonists. For instance, in the 1975 blockbuster "Sholay," directed by Ramesh Sippy, the female characters Radha and Basanti are primarily depicted as love interests and damsels in distress, reinforcing traditional gender norms (Ganti, 2004).

However, despite these limitations, Bollywood has also produced films that have challenged gender stereotypes and showcased strong and independent female characters. "Mother India" (1957), directed by Mehboob Khan, stands as a seminal example of Bollywood cinema portraying a resilient and fiercely independent female protagonist in Radha, played by Nargis (Chatterjee, 1998). Radha's unwavering strength and determination in the face of adversity serve as a powerful symbol of maternal sacrifice and female empowerment.

In the 1990s, Bollywood witnessed a shift towards more assertive portrayals of women, reflecting changing societal attitudes and aspirations. Films like "Dilwale Dulhania Le Jayenge" (1995), directed

by Aditya Chopra, depicted female characters like Simran, portrayed by Kajol, as assertive individuals who actively challenge familial and societal expectations (Gokulsing & Dissanayake, 2004). Simran's journey towards self-discovery and autonomy resonated with audiences and marked a departure from traditional depictions of passive heroines.

The early 2000s saw the emergence of a new wave of feminist cinema in Bollywood, with filmmakers actively exploring themes of gender equality and female empowerment. Films like "Chak De! India" (2007), directed by Shimit Amin, depicted the triumphs and struggles of female athletes, challenging prevailing stereotypes and celebrating women's achievements (Banerjee, 2017). Similarly, "Queen" (2013), directed by Vikas Bahl, subverted traditional narratives by portraying a young woman, Rani, played by Kangana Ranaut, embarking on a journey of self-discovery and empowerment after being jilted by her fiancé (Rajagopal, 2016).

Despite these advancements, Bollywood continues to grapple with issues of gender representation and inclusivity. The industry remains male-dominated, with women often sidelined in terms of screen time, pay parity, and opportunities for creative expression (Mishra, 2018). Moreover, certain genres perpetuate regressive stereotypes and objectify women, undermining efforts towards gender equality and empowerment (Chakravarty, 2012).

# 2.3 Impact of Cinema on Society and Gender Norms

Indian cinema, particularly Bollywood, wields significant influence over societal perceptions and norms, including those related to gender roles and expectations. Films have the power to shape attitudes, reinforce stereotypes, and challenge prevailing social norms, making them a potent medium for cultural reflection and change (Jha, 2016). For instance, the portrayal of women in Indian cinema has a profound impact on how they are perceived and treated in society, with cinematic representations often serving as both mirrors and influencers of societal attitudes towards gender (Kapoor, 2015).

Throughout its history, Bollywood has played a crucial role in perpetuating traditional gender norms and stereotypes, thereby reinforcing existing power structures and inequalities. Films like "Kabhi Khushi Kabhie Gham" (2001), directed by Karan Johar, have been criticized for promoting patriarchal values and gendered expectations, wherein women are depicted as submissive and subservient to male authority (Banaji, 2013). Such portrayals not only reflect but also perpetuate entrenched gender inequalities in Indian society, contributing to the marginalization of women in various spheres of life.

However, Bollywood has also been instrumental in challenging and subverting gender norms, catalyzing social change and fostering conversations around gender equality and empowerment. Films like "Pink" (2016), directed by Aniruddha Roy Chowdhury, have sparked nationwide discussions on issues such as consent, victim-blaming, and misogyny, prompting audiences to reflect critically on prevailing attitudes towards women (Ganguly, 2017). Similarly, "Dangal" (2016), directed by Nitesh Tiwari, celebrated the achievements of female athletes and challenged stereotypes about gender roles and capabilities (Mazumdar, 2019).

Moreover, Bollywood has the potential to serve as a catalyst for positive social change by amplifying marginalized voices and advocating for gender equality. Films like "Pad Man" (2018), directed by R. Balki, shed light on menstrual hygiene and taboos surrounding menstruation, sparking a nationwide dialogue and catalyzing efforts towards menstrual health education and awareness (Siddiqui, 2019). Similarly, "Gully Boy" (2019), directed by Zoya Akhtar, explored themes of gender identity and empowerment through its portrayal of female rap artists in a male-dominated industry, challenging stereotypes and amplifying marginalized voices (Singh, 2020).

However, despite these progressive narratives, Bollywood continues to grapple with issues of representation and inclusivity, with marginalized groups such as LGBTQ+ individuals and women from diverse socio-economic backgrounds often sidelined or stereotyped in mainstream cinema (Kaur, 2020). Moreover, the industry's perpetuation of beauty standards and objectification of women further reinforces harmful gender norms and contributes to the commodification of female bodies (Sen, 2018).

#### Research Methodology

For the study on "Breaking Boundaries: The Evolution of Women Empowerment in Indian Cinema" focusing on the Delhi-NCR region with a sample size of 250 respondents, a mixed-method research approach was employed. This approach integrated both qualitative and quantitative methods to gather comprehensive insights into the perceptions and attitudes of the target population.

Quantitative Method: Survey Questionnaires

A structured survey questionnaire was designed to collect quantitative data from the respondents. The questionnaire included closed-ended questions with predefined response options to facilitate data analysis. The survey was administered to a sample of 250 individuals residing in the Delhi-NCR region. The respondents were selected using random sampling techniques to ensure representativeness of the population.

The survey questionnaire covered various aspects related to the representation of women in Indian cinema, including perceptions of portrayal, awareness of women-centric films, attitudes towards gender roles, and reactions to empowerment themes in films. Additionally, demographic information such as age, gender, education, and occupation was collected to analyze any variations in responses based on socio-demographic factors.

Qualitative Method: Focus Group Discussions (FGDs)

In addition to the survey questionnaire, qualitative data was gathered through focus group discussions (FGDs) with selected participants from the target population. FGDs provided an opportunity for indepth exploration of opinions, experiences, and perspectives in a group setting. Approximately 5-6 FGDs were conducted, each comprising 8-10 participants representing diverse demographic backgrounds.

The FGDs delved deeper into the nuanced aspects of women's portrayal in Indian cinema, allowing participants to express their views, share personal experiences, and engage in interactive discussions. The discussions were moderated by a skilled facilitator trained in qualitative research techniques to ensure a conducive and respectful environment for open dialogue.

#### Data Analysis

Quantitative data obtained from the survey questionnaires was analyzed using statistical methods such as descriptive analysis, frequency distribution, and inferential statistics (if applicable). The qualitative data gathered from FGDs was transcribed, coded, and thematically analyzed to identify recurring patterns, emerging themes, and qualitative insights.

#### **Ethical Considerations**

Prior to data collection, ethical considerations were taken into account to ensure the protection of participants' rights and confidentiality. Informed consent was obtained from all participants, and their anonymity and privacy were maintained throughout the research process. Additionally, any sensitive or personal information shared during the study was handled with utmost care and confidentiality.

#### **Demographic Analysis**

#### **Age Distribution:**

**Table 1: Age Distribution** 

Age Group	Frequency	Percentage	Cumulative Percentage
18-25	67	26.8%	26.8%
26-35	94	37.6%	64.4%
36-45	66	26.4%	90.8%
46+	23	9.2%	100.0%
Total	250	100%	

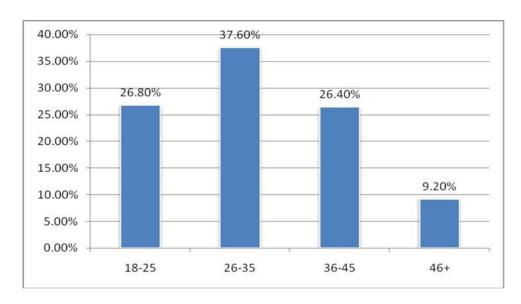


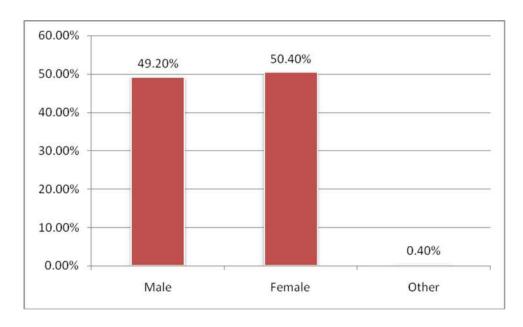
Figure 1: Age Distribution

The table 1 presents the age distribution of the sample population. The majority of respondents (64.4%) fall within the age range of 26-35, indicating a relatively younger demographic. Approximately a quarter of the respondents (26.8%) are aged 18-25, followed by 26.4% aged 36-45. Those aged 46 and above represent the smallest proportion of the sample at 9.2%.

#### **Gender Distribution:**

**Table 2: Gender Distribution** 

Gender	Frequency	Percentage	Cumulative Percentage
Male	123	49.2%	49.2%
Female	126	50.4%	99.6%
Other	1	0.4%	100.0%
Total	250	100%	



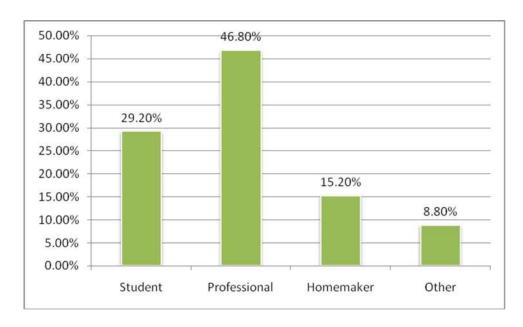
**Figure 2: Gender Distribution** 

The table 2 illustrates the gender distribution of the sample population. Females slightly outnumber males, comprising 50.4% of the respondents compared to 49.2% male respondents. There is minimal representation from other genders, accounting for only 0.4% of the total sample. Overall, the distribution indicates a relatively balanced gender representation in the sample.

## **Occupation Distribution:**

**Table 3: Occupation Distribution** 

Occupation	Frequency	Percentage	Cumulative Percentage
Student	73	29.2%	29.2%
Professional	117	46.8%	76.0%
Homemaker	38	15.2%	91.2%
Other	22	8.8%	100.0%
Total	250	100%	



**Figure 3: Occupation Distribution** 

The table 3 displays the occupation distribution of the sample. Professionals represent the largest group at 46.8%, followed by students at 29.2%. Homemakers constitute 15.2% of the sample, while other occupations make up 8.8%. Overall, the distribution highlights a significant representation of professionals and students in the sample.

## **Educational Background Distribution:**

**Table 4: Educational Background Distribution** 

<b>Educational Background</b>	Frequency	Percentage	<b>Cumulative Percentage</b>
High School or Below	17	6.8%	6.8%
Bachelor's Degree	106	42.4%	49.2%
Master's Degree	96	38.4%	87.6%
Doctorate or Above	31	12.4%	100.0%
Total	250	100%	

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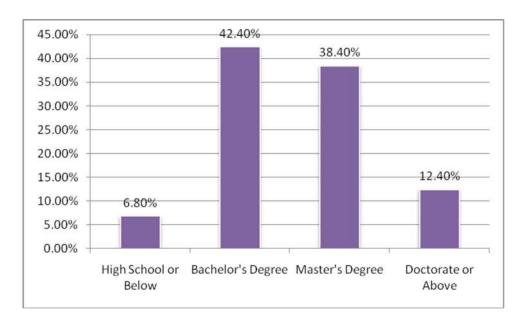


Figure 4: Educational Background Distribution

The table 4 showcases the educational background distribution of the sample. Bachelor's degree holders constitute the largest group at 42.4%, followed closely by those with a Master's degree at 38.4%. A smaller proportion of respondents have completed education up to high school or below (6.8%), while those with a Doctorate or above comprise 12.4% of the sample. Overall, the distribution reflects a diverse educational background among the respondents, with a significant representation of Bachelor's and Master's degree holders.

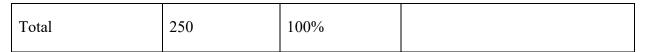
#### **Region of Residence Distribution:**

**Table 5: Region of Residence Distribution** 

Region	Frequency	Percentage	Cumulative Percentage
Delhi	83	33.2%	33.2%
Noida	62	24.8%	58.0%
Greater Noida	40	16.0%	74.0%
Ghaziabad	27	10.8%	84.8%
Gurugram	38	15.2%	100.0%

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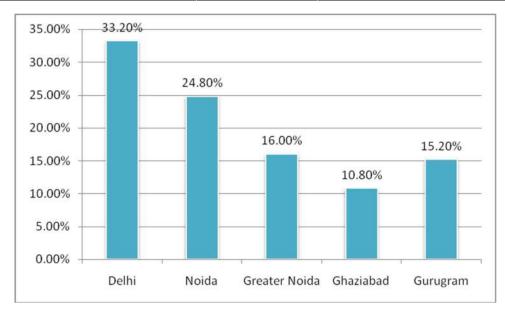


Figure 5: Region of Residence Distribution

The table 5 outlines the distribution of respondents' regions of residence. Delhi has the highest representation at 33.2%, followed by Noida at 24.8%. Greater Noida, Ghaziabad, and Gurugram account for 16.0%, 10.8%, and 15.2% respectively. Overall, the distribution reflects a diverse geographical representation, with Delhi having the largest proportion of respondents.

## **Media Consumption Habits**

#### **Frequency of Indian Cinema Consumption:**

**Table 6: Frequency of Indian Cinema Consumption** 

Frequency	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Daily	54	21.6%	21.6%
Several times a week	68	27.2%	48.8%
Once a week	59	23.6%	72.4%

Less than once a week	69	27.6%	100.0%
Total	250	100%	

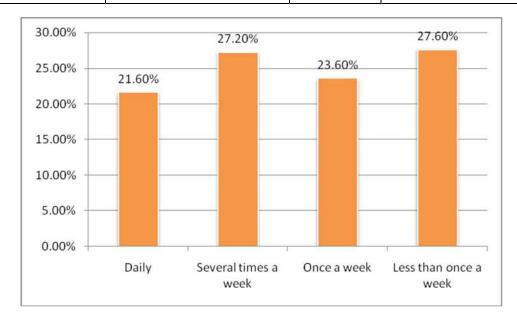


Figure 6: Frequency of Indian Cinema Consumption

The table 6 presents the frequency of Indian cinema consumption among respondents. A significant proportion consume Indian cinema several times a week (27.2%), followed closely by those who watch once a week (23.6%). Daily consumers account for 21.6%, while those who watch less than once a week represent 27.6% of the sample. Overall, the distribution indicates a varied frequency of Indian cinema consumption among the respondents.

## **Primary Platforms for Watching Indian Cinema:**

Table 7: Primary Platforms for Watching Indian Cinema

Platform	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Theatres	57	22.8%	22.8%
Television	61	24.4%	47.2%
Online streaming platforms	109	43.6%	90.8%

6838

Other	23	9.2%	100.0%
Total	250	100%	

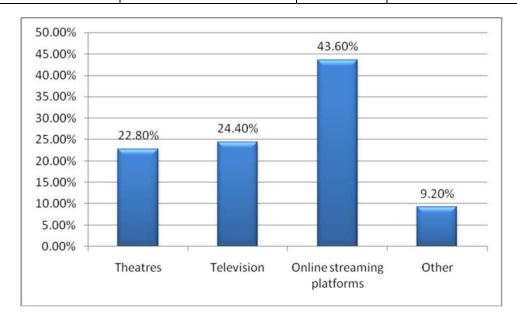


Figure 7: Primary Platforms for Watching Indian Cinema

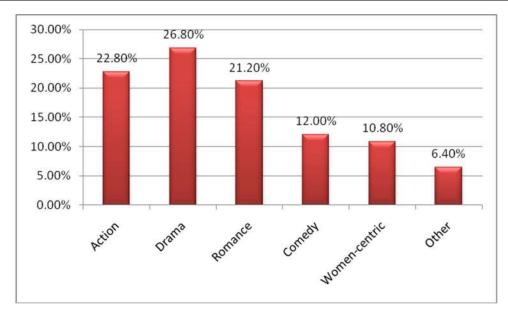
The table 7 illustrates the primary platforms used by respondents for watching Indian cinema. Online streaming platforms emerge as the most preferred choice, with 43.6% of respondents opting for them. Television follows with 24.4%, while theatres have a slightly lower representation at 22.8%. Other platforms, including alternative options, account for 9.2% of respondents. Overall, the distribution underscores the increasing popularity of online streaming platforms for consuming Indian cinema.

# **Preferred Genres or Types of Content:**

**Table 8: Preferred Genres or Types of Content** 

Genre/Content Type	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Action	57	22.8%	22.8%
Drama	67	26.8%	49.6%
Romance	53	21.2%	70.8%

Comedy	30	12.0%	82.8%
Women-centric	27	10.8%	93.6%
Other	16	6.4%	100.0%
Total	250	100%	



**Figure 8: Preferred Genres or Types of Content** 

The table 8 outlines respondents' preferences for genres or types of content in Indian cinema. Drama emerges as the most favored genre, with 26.8% of respondents indicating a preference for it. Action follows closely behind at 22.8%, while Romance and Comedy represent 21.2% and 12.0% of preferences, respectively. Women-centric content, though comparatively smaller, still garners 10.8% of respondents' preferences. Overall, the distribution highlights a diverse range of genre preferences among respondents, with Drama being the most popular choice.

#### Perception of Women's Representation in Indian Cinema

# **Belief in Representation of Women in Indian Cinema:**

Table 9: Belief in Representation of Women in Indian Cinema

Response Number of Respondents	Percentage	<b>Cumulative Percentage</b>
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Yes	153	61.2%	61.2%
No	97	38.8%	100.0%
Total	250	100%	

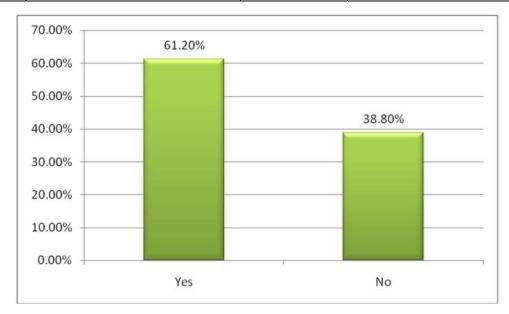


Figure 9: Belief in Representation of Women in Indian Cinema

The table 9 depicts respondents' beliefs regarding the representation of women in Indian cinema. A majority (61.2%) believe that Indian cinema adequately represents women, while 38.8% hold the opposite view. This suggests a significant portion of respondents perceive room for improvement in the portrayal of women in Indian cinema, despite a notable belief in its representation.

#### **Perception of Portrayal of Women Over the Years:**

Table 10: Perception of Portrayal of Women Over the Years

Perception	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Progressively positive	87	34.8%	34.8%
Remained stagnant	91	36.4%	71.2%

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Deteriorated	72	28.8%	100.0%
Total	250	100%	

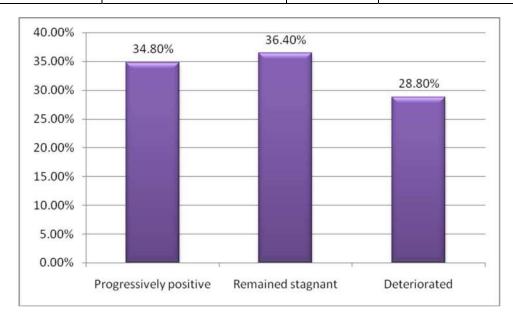


Figure 10: Perception of Portrayal of Women Over the Years

The table 10 illustrates respondents' perceptions of the portrayal of women in Indian cinema over time. While a notable portion (34.8%) perceive a progressively positive shift, an equal percentage (36.4%) believe that the portrayal has remained stagnant. However, a significant portion (28.8%) perceives a deterioration in the portrayal of women over the years. This suggests diverse views on the evolution of gender representation in Indian cinema.

## **Presence of Stereotypes Associated with Women Characters:**

**Table 11: Presence of Stereotypes Associated with Women Characters** 

Response	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Yes, please specify	123	49.2%	49.2%
No	127	50.8%	100.0%
Total	250	100%	

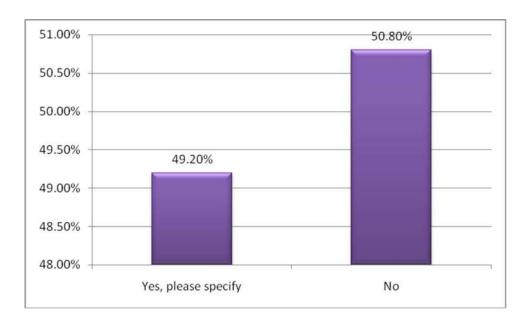


Figure 11: Presence of Stereotypes Associated with Women Characters

The table 11 outlines respondents' perceptions regarding the presence of stereotypes associated with women characters in Indian cinema. Almost half of the respondents (49.2%) believe that such stereotypes exist. Conversely, 50.8% of respondents do not perceive specific stereotypes associated with women characters. This indicates a mixed perception regarding the portrayal of women and stereotypes in Indian cinema.

#### **Impact of Women-Centric Films**

#### **Watched Women-Centric Films:**

**Table 12: Watched Women-Centric Films** 

Response	Number of Respondents	Percentage	Cumulative Percentage
Yes	161	64.4%	64.4%
No	89	35.6%	100.0%
Total	250	100%	

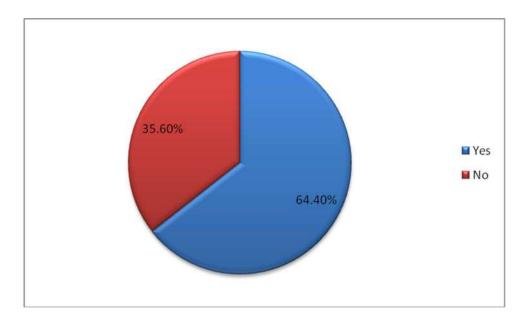


Figure 12: Watched Women-Centric Films

The table 12 presents respondents' engagement with women-centric films in Indian cinema. A majority (64.4%) have watched women-centric films, while 35.6% have not. This suggests a significant interest among respondents in consuming content centered around women's narratives, indicating a potential audience for such films in the industry.

## Influence of Women-Centric Films on Perception of Women's Roles:

Table 13: Influence of Women-Centric Films on Perception of Women's Roles

Influence	Number of Respondents	Percentage	Cumulative Percentage
Empowered me	69	27.6%	27.6%
Raised awareness	88	35.2%	62.8%
No impact	93	37.2%	100.0%
Total	250	100%	

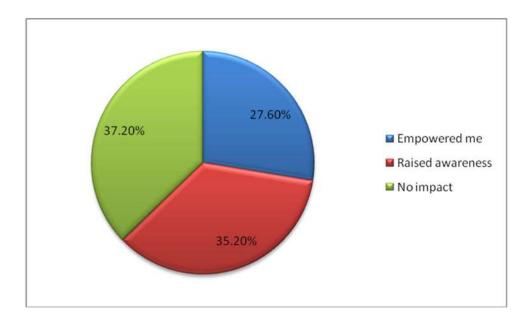


Figure 13: Influence of Women-Centric Films on Perception of Women's Roles

The table 13 highlights the impact of women-centric films on respondents' perception of women's roles. A notable proportion (35.2%) reported that these films raised their awareness, while 27.6% felt empowered by them. However, 37.2% mentioned that women-centric films had no impact on their perception of women's roles. This indicates varied responses to the influence of such films on individuals' perceptions.

# **Contribution of Women-Centric Films to Women's Empowerment:**

Table 14: Contribution of Women-Centric Films to Women's Empowerment

Response	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Yes	124	49.6%	49.6%
No	69	27.6%	77.2%
Unsure	57	22.8%	100.0%
Total	250	100%	

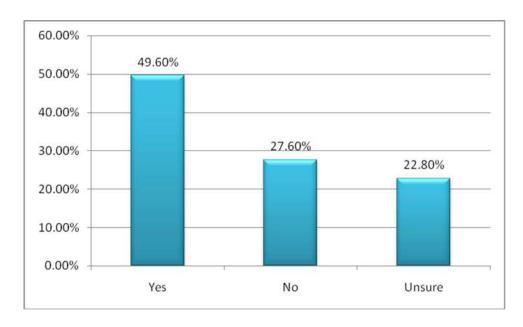


Figure 14: Contribution of Women-Centric Films to Women's Empowerment

The table 14 depicts respondents' perspectives on the contribution of women-centric films to women's empowerment. Nearly half of the respondents (49.6%) believe that these films have contributed to women's empowerment. However, 27.6% of respondents disagree, while 22.8% are unsure about the impact of such films. This suggests a divided opinion on the effectiveness of women-centric films in promoting women's empowerment.

## **Awareness and Reaction to Women Empowerment Themes**

# **Awareness of Films Addressing Women Empowerment Themes:**

**Table 15: Awareness of Films Addressing Women Empowerment Themes** 

Response	Number of Respondents	Percentage	Cumulative Percentage
Yes	182	72.8%	72.8%
No	68	27.2%	100.0%
Total	250	100%	

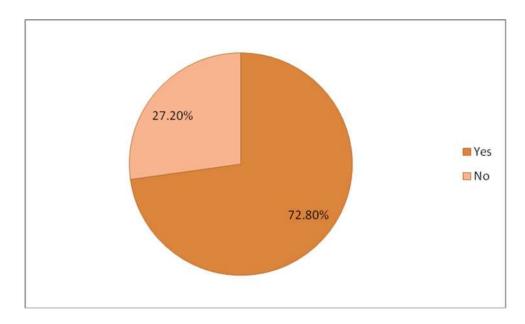


Figure 15: Awareness of Films Addressing Women Empowerment Themes

The table 15 reveals respondents' awareness of films addressing women empowerment themes. A significant majority (72.8%) are aware of such films, while 27.2% are not. This indicates a notable level of consciousness among respondents regarding the existence of films that address women empowerment themes in Indian cinema.

#### **Reaction to Films Focusing on Women's Empowerment:**

Table 16: Reaction to Films Focusing on Women's Empowerment

Reaction	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Inspired	98	39.2%	39.2%
Indifferent	91	36.4%	75.6%
Displeased	61	24.4%	100.0%
Total	250	100%	

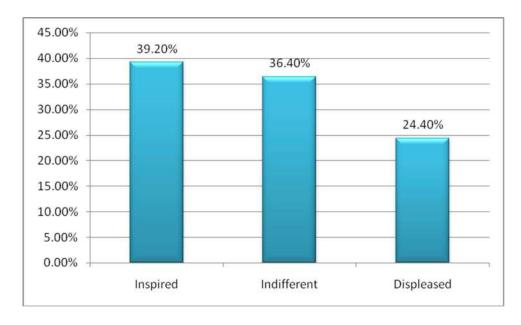


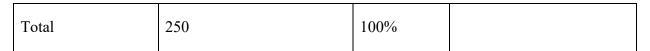
Figure 16: Reaction to Films Focusing on Women's Empowerment

The table 16 illustrates respondents' reactions to films focusing on women's empowerment. A significant portion (39.2%) reported feeling inspired by such films, while 36.4% were indifferent. However, 24.4% expressed being displeased with these films. This suggests a mixed reception to films centered around women's empowerment, with varying degrees of emotional responses among respondents.

## **Belief in the Potential of Films to Instigate Social Change:**

**Table 17: Belief in the Potential of Films to Instigate Social Change** 

Belief	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Strongly agree	66	26.4%	26.4%
Agree	83	33.2%	59.6%
Neutral	50	20.0%	79.6%
Disagree	30	12.0%	91.6%
Strongly disagree	21	8.4%	100.0%



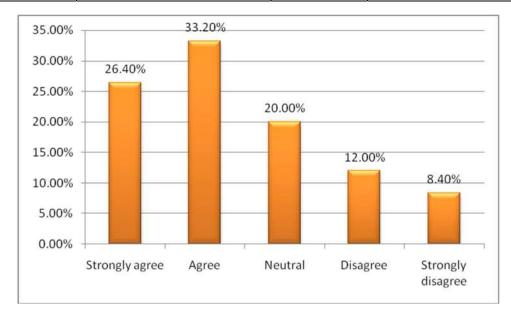


Figure 17: Belief in the Potential of Films to Instigate Social Change

The table 17 illustrates respondents' beliefs regarding the potential of films to instigate social change. A notable proportion (59.6%) either strongly agree or agree with this notion. However, 20.0% remain neutral, while 20.4% disagree or strongly disagree. This indicates a range of perspectives on the efficacy of films in driving social change, with a considerable number expressing positive views.

#### Influence of Indian Cinema on Gender Norms

#### **Role of Indian Cinema in Shaping Societal Perceptions of Gender Roles:**

Table 18: Role of Indian Cinema in Shaping Societal Perceptions of Gender Roles

Response	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Yes	197	78.8%	78.8%
No	53	21.2%	100.0%
Total	250	100%	

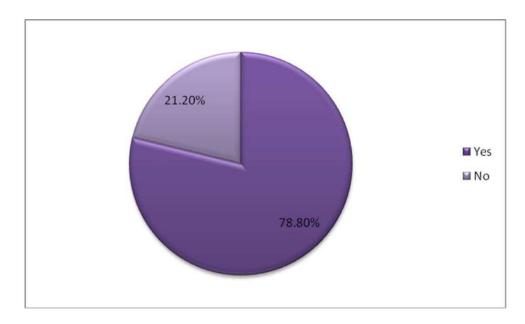


Figure 18: Role of Indian Cinema in Shaping Societal Perceptions of Gender Roles

The table 18 demonstrates respondents' beliefs about the role of Indian cinema in shaping societal perceptions of gender roles. A significant majority (78.8%) perceive Indian cinema to play a role in this aspect, while 21.2% do not. This suggests a widespread recognition among respondents of the influential role that Indian cinema plays in shaping societal perceptions of gender roles.

#### **Observation of Shifts in Gender Norms Portrayed in Indian Cinema Over Time:**

Table 19: Observation of Shifts in Gender Norms Portrayed in Indian Cinema Over Time

Observation	Number of Respondents	Percentage	Cumulative Percentage
Yes	186	74.4%	74.4%
No	64	25.6%	100.0%
Total	250	100%	

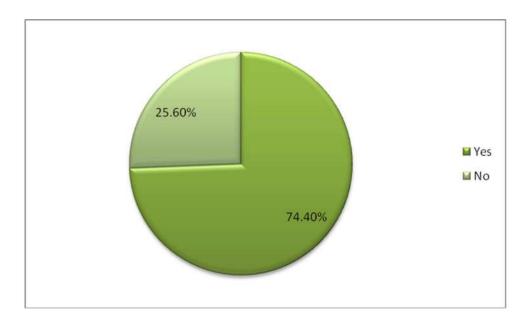


Figure 19: Observation of Shifts in Gender Norms Portrayed in Indian Cinema Over Time Interpretation:

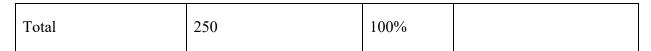
The table 19 indicates respondents' observations regarding shifts in gender norms portrayed in Indian cinema over time. A substantial majority (74.4%) have observed such shifts, while 25.6% have not. This suggests widespread acknowledgment among respondents of evolving gender norms depicted in Indian cinema, reflecting changing societal dynamics and cinematic trends.

## Ways Indian Cinema Can Contribute to Promoting Gender Equality:

Table 20: Ways Indian Cinema Can Contribute to Promoting Gender Equality

Contribution	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Depicting diverse fen characters	103	41.2%	41.2%
Addressing gender iss directly	90	36.0%	77.2%
Encouraging women filmmaking roles	38	15.2%	92.4%
Other	19	7.6%	100.0%

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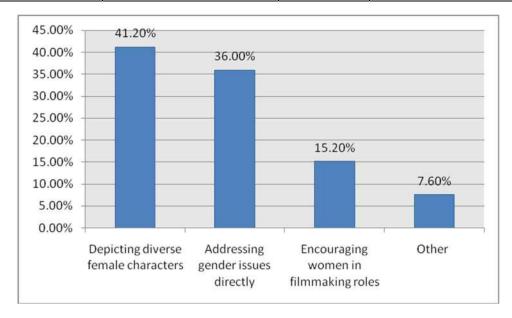


Figure 20: Ways Indian Cinema Can Contribute to Promoting Gender Equality

The table 20 outlines respondents' views on how Indian cinema can promote gender equality. The majority (41.2%) advocate for depicting diverse female characters, while 36.0% suggest addressing gender issues directly. Encouraging women in filmmaking roles is also considered important by 15.2% of respondents. Additionally, 7.6% proposed other methods. This indicates diverse perspectives on the role of Indian cinema in advancing gender equality, with a focus on representation and addressing systemic issues.

#### **Preference for Women Directors and Producers**

#### **Actively Seeking Films Directed or Produced by Women:**

Table 21: Actively Seeking Films Directed or Produced by Women

Response	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Yes	122	48.8%	48.8%
No	128	51.2%	100.0%
Total	250	100%	

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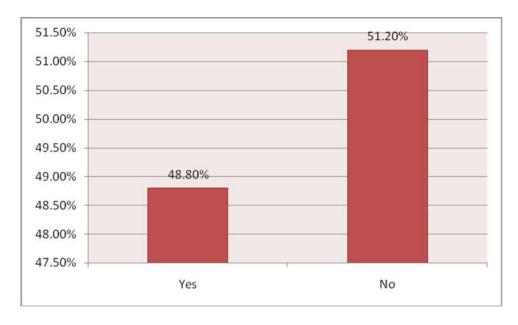


Figure 21: Actively Seeking Films Directed or Produced by Women

The table 21 illustrates respondents' tendencies to actively seek films directed or produced by women. While 48.8% of respondents actively seek such films, an almost equal proportion (51.2%) do not. This suggests a balanced distribution in respondents' engagement with films directed or produced by women, indicating varied preferences within the sample regarding gender representation in cinema.

#### Perception of Work of Women Directors and Producers:

Table 22: Perception of Work of Women Directors and Producers

Perception	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Equally competent as men	100	40.0%	40.0%
Less competent than men	57	22.8%	62.8%
More competent than men	93	37.2%	100.0%
Total	250	100%	

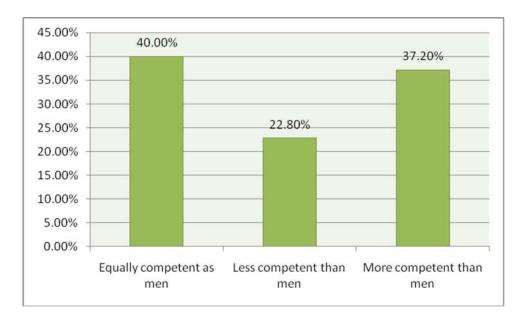


Figure 22: Perception of Work of Women Directors and Producers

The table 22 displays respondents' perceptions of the work of women directors and producers in Indian cinema. While 40.0% perceive them to be equally competent as men, a significant portion (37.2%) consider them more competent. However, 22.8% of respondents believe that women directors and producers are less competent than men. This highlights a mixed perception of gender competency in the filmmaking industry, with varying degrees of confidence in women's abilities.

# **Opinions on Opportunities for Women in Key Creative Roles:**

**Table 23: Opinions on Opportunities for Women in Key Creative Roles** 

Opinion	Number of Respondents	Percentage	Cumulative Percentage
Yes	147	58.8%	58.8%
No	54	21.6%	80.4%
Unsure	49	19.6%	100.0%
Total	250	100%	

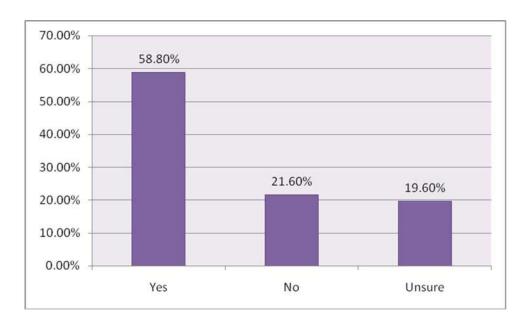


Figure 23: Opinions on Opportunities for Women in Key Creative Roles

The table 23 presents respondents' opinions on opportunities for women in key creative roles in Indian cinema. A majority (58.8%) believe that there should be more opportunities for women in such roles. However, 21.6% disagree, while 19.6% are unsure about the matter. This suggests varying levels of support for gender inclusivity in key creative positions within the film industry.

#### Perception of Women Empowerment Initiatives in Bollywood

## **Awareness of Initiatives Promoting Women Empowerment:**

**Table 24: Awareness of Initiatives Promoting Women Empowerment** 

Response	Number of Respondents	Percentage	Cumulative Percentage
Yes	178	71.2%	71.2%
No	72	28.8%	100.0%
Total	250	100%	

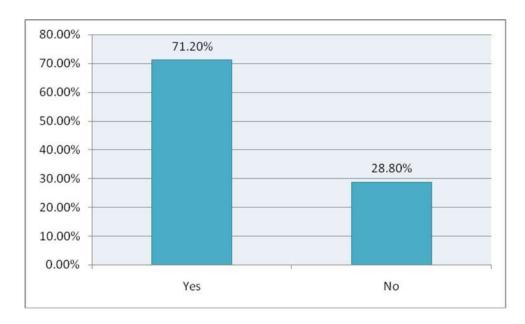


Figure 24: Awareness of Initiatives Promoting Women Empowerment

The table 24 depicts respondents' awareness of initiatives promoting women empowerment within the Bollywood industry. A significant majority (71.2%) are aware of such initiatives, while 28.8% are not. This suggests a notable level of consciousness among respondents regarding efforts to promote women empowerment within Bollywood, reflecting the industry's visibility of such initiatives.

#### **Perceptions of Effectiveness of Initiatives in Fostering Gender Equality:**

Table 25: Perceptions of Effectiveness of Initiatives in Fostering Gender Equality

Perception	Number of Respondents	Percentage	<b>Cumulative Percentage</b>
Very effective	84	33.6%	33.6%
Somewhat effective	91	36.4%	70.0%
Not effective	75	30.0%	100.0%
Total	250	100%	

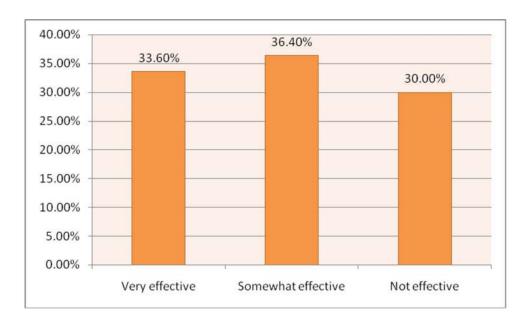


Figure 25: Perceptions of Effectiveness of Initiatives in Fostering Gender Equality

The table 25 illustrates respondents' perceptions of the effectiveness of initiatives in fostering gender equality within the Bollywood industry. While a notable proportion (36.4%) consider these initiatives to be somewhat effective, 33.6% perceive them as very effective. However, 30.0% of respondents believe these initiatives are not effective. This indicates mixed views on the efficacy of initiatives in promoting gender equality within the Bollywood landscape.

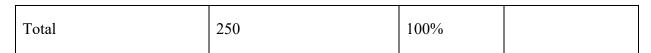
#### **Opinions on Additional Measures to Empower Women:**

**Table 26: Opinions on Additional Measures to Empower Women** 

Measure	Number of Respondents	Percentage	Cumulative Percentage
Implementing policies gender parity	107	42.8%	42.8%
Providing mentorship program	66	26.4%	69.2%
Creating more opportunities women-led projects	57	22.8%	92.0%
Other	20	8.0%	100.0%

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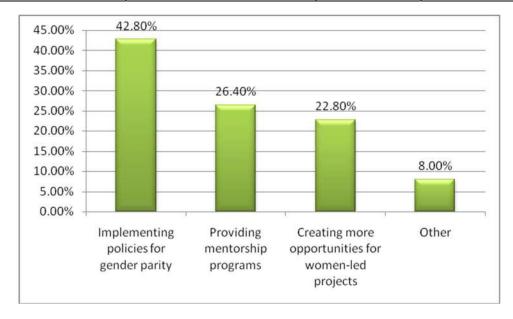


Figure 26: Opinions on Additional Measures to Empower Women

The table 26 presents respondents' opinions on additional measures to empower women within the Bollywood industry. The majority (42.8%) advocate for implementing policies for gender parity, while 26.4% suggest providing mentorship programs. Additionally, 22.8% believe creating more opportunities for women-led projects is essential. A smaller proportion (8.0%) propose other measures. This indicates diverse perspectives on strategies to empower women in Bollywood, reflecting the need for multifaceted approaches.

#### **Discussion on Key Findings**

The findings from the presented data encompass a comprehensive understanding of various aspects related to demographics, media consumption habits, perceptions, and opinions regarding gender representation and empowerment in Indian cinema.

Starting with demographics, the age distribution of the sample population reveals a predominant representation of younger individuals, particularly those aged 26-35, indicating a youthful demographic engaging with the survey. Furthermore, the gender distribution shows a relatively balanced representation between males and females, with minimal representation from other genders, suggesting a diverse but predominantly binary gender composition within the sample.

Occupationally, professionals form the largest group, followed by students, indicating an active engagement with the workforce and education system among respondents. In terms of educational

background, a significant proportion holds Bachelor's and Master's degrees, reflecting a well-educated sample population, with relatively fewer respondents having completed education up to high school or below.

Geographically, respondents are distributed across various regions, with Delhi having the highest representation, followed by other prominent regions like Noida and Gurugram. This diverse geographical distribution signifies a wide-ranging sample capturing perspectives from different parts of the country.

Moving to media consumption habits, respondents display varied frequencies of Indian cinema consumption, with a notable preference for online streaming platforms over traditional avenues like television and theatres. This shift towards digital platforms underscores changing consumer preferences and the growing influence of technology on media consumption habits.

In terms of content preferences, drama emerges as the most favored genre, followed closely by action, romance, and comedy, indicating diverse tastes among respondents. However, the presence of womencentric content, though smaller, suggests an interest in narratives centered around women's experiences and perspectives.

Perceptions regarding the representation of women in Indian cinema vary among respondents, with a notable portion acknowledging room for improvement despite an overall belief in adequate representation. Similarly, views on the portrayal of women over time are diverse, with some perceiving positive shifts, others sensing stagnation, and a significant portion observing a deterioration in portrayal.

The presence of stereotypes associated with women characters in Indian cinema is acknowledged by nearly half of the respondents, indicating a mixed perception regarding gender stereotypes in cinematic narratives. However, a majority have engaged with women-centric films, suggesting a significant interest in narratives focused on women's stories and experiences.

Responses regarding the impact of women-centric films on perceptions of women's roles and empowerment reveal a mixed reception, with varied degrees of influence reported among respondents. While a substantial portion believes in the potential of such films to contribute to women's empowerment, others remain skeptical or uncertain about their impact.

Awareness of films addressing women empowerment themes is high among respondents, indicating a notable level of consciousness regarding cinematic narratives addressing gender-related issues. Similarly, reactions to films focusing on women's empowerment vary, reflecting diverse emotional responses among viewers.

Perceptions of Indian cinema's role in shaping societal perceptions of gender roles are widespread among respondents, suggesting a general acknowledgment of the industry's influence on societal norms

and attitudes. Observations regarding shifts in gender norms portrayed in Indian cinema over time further underline changing societal dynamics and cinematic trends.

Suggestions for promoting gender equality within the industry include advocating for diverse female characters, addressing gender issues directly, and encouraging women in filmmaking roles, highlighting the multifaceted approaches needed to address gender disparities in Indian cinema.

While a significant proportion actively seeks films directed or produced by women, perceptions of women directors and producers' competency reveal a mixed perception, with varying degrees of confidence in women's abilities compared to men.

Opinions on opportunities for women in key creative roles and awareness of initiatives promoting women empowerment within the industry reflect varying levels of support for gender inclusivity and initiatives promoting gender equality.

Overall, the findings provide valuable insights into the demographics, media consumption habits, perceptions, and opinions regarding gender representation and empowerment in Indian cinema, highlighting the need for continued efforts to promote inclusivity and gender equality within the industry.

#### Conclusion

In conclusion, the findings from this comprehensive study shed light on various aspects of gender representation and empowerment in Indian cinema. The analysis of demographics, media consumption habits, perceptions, and opinions among respondents provides valuable insights into the current landscape of the industry and the prevailing attitudes towards gender-related issues.

The study reveals a diverse sample population with varied demographics, including age, gender, occupation, educational background, and geographical distribution. These findings underscore the importance of considering a broad spectrum of perspectives when addressing gender representation and empowerment in Indian cinema.

Media consumption habits reflect evolving trends, with a significant preference for online streaming platforms over traditional avenues like television and theatres. This shift highlights the need for the industry to adapt to changing consumer preferences and leverage digital platforms to reach wider audiences.

Perceptions regarding the representation of women in Indian cinema are mixed, with some acknowledging progress but others recognizing persistent challenges and stereotypes. The findings also suggest differing opinions on the impact of women-centric films on perceptions of women's roles and empowerment, indicating the complexity of addressing gender-related issues through cinematic narratives.

While there is widespread awareness of initiatives promoting women empowerment within the industry, perceptions of their effectiveness vary among respondents. Similarly, opinions on additional measures to empower women highlight the need for multifaceted approaches, including policy interventions, mentorship programs, and opportunities for women-led projects.

Overall, the study underscores the importance of fostering inclusivity, diversity, and gender equality within the Indian cinema industry. It calls for concerted efforts from stakeholders, including filmmakers, producers, policymakers, and audiences, to challenge stereotypes, promote diverse narratives, and create an inclusive environment that empowers women both on and off-screen.

By recognizing and addressing the complexities surrounding gender representation and empowerment in Indian cinema, the industry can play a pivotal role in shaping societal attitudes, fostering positive change, and contributing to a more equitable and inclusive society

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